



# Hawai'i KIDS COUNT

## E-Bulletin

## September 2012 Issue

Center on the Family | University of Hawai'i at Mānoa

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### CDC BREASTFEEDING REPORT CARD 2012

Breastfeeding is promoted as an effective preventative measure to protect the health of the mother and infant. It is a personal decision for mothers, which can be more actively supported by their family, friends, clinicians, health care leaders, employers, community leaders, and policymakers. The CDC's report, Breastfeeding Report Card — United States, 2012, tracks state-level breastfeeding indicator data and identifies opportunities to support breastfeeding. Results from the 2012 report card indicate that breastfeeding rates continue to rise, with increases of about 2 percentage points in initiation and breastfeeding at 6 and 12 months. More progress has also been made in improving hospital practices that support breastfeeding. In the last 4 years, the share of births in Baby-Friendly hospitals (an international recognition of best practices in maternity care) has tripled, from less than 2% in 2008, to 6% in 2012. The following are some key findings pertaining to Hawai'i:

- In Hawai'i, slightly over half (51.1%) of babies are breastfed at 6 months, compared to 47.2% of babies in the U.S.
- At 12 months, almost one-third (32.4%) of Hawai'i's babies are breastfed, compared to 25.5% of U.S. babies.
- Percentages of exclusive breastfeeding at 3 months (42.6%) and 6 months (20.7%) are also higher in Hawai'i than in the U.S. (36.0% and 16.3%, respectively).



The complete report card, with state-level tables can be accessed at:

<http://www.cdc.gov/breastfeeding/pdf/2012BreastfeedingReportCard.pdf>

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## SEPTEMBER KIDS COUNT INDICATOR UPDATES

Due to recent data releases from the Census Bureau and National Center for Health Statistics, new data on family economic well-being, children in immigrant families, health insurance, and vital statistics are now available on the KIDS COUNT Data Center. Data highlights for Hawai'i include the following:



- Hawai'i ranks 50th in the nation with almost one-third (30%) of children living in crowded housing (households with more than one person per room), compared to the U.S. average of 14%.
- Hawai'i is ranked 38th in the nation with 72% of children living in households where housing costs exceed 30% of income, compared with the national average of 67%.
- Hawai'i is tied with Massachusetts for the lowest percentage of children without health insurance, 3%, compared with the national average of 10%.
- Hawai'i ranks 2nd lowest in the nation for percentage of children with at least one parent not covered by health insurance, 7%, compared with the national average of 23%.
- Hawai'i ranks 25th in the nation for teen death rate by accident, homicide, or suicide. The rate per 100,000 teens between 15 and 19 is 42, compared to 39 for the U.S.

The entire list of indicator updates can be found on the KIDS COUNT Data Center homepage under "Data Center Spotlight" at: <http://datacenter.kidscount.org>

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## PARENTS AND THE HIGH COST OF CHILD CARE: 2012 REPORT



This report, released by Child Care Aware of America (formerly the National Association of Child Care Resource and Referral Agencies), finds that the cost of child care continues to increase while families struggle to afford quality care. The report provides the average cost of child care in 2011 for infants, 4-year-olds, and school-age children in centers and family child care homes nationwide. The report presents state-level data on the cost of child care in comparison to other household expenses, including housing and college tuition. It shows that in 35 states and Washington, D.C., the average annual cost for center-based care for an infant was higher than a year of in-state tuition and related fees at a four-year public college. The average annual cost for a 4-year-old in a center exceeded 10 percent of the median household income for a two-parent family in 22 states and D.C. Child care data pertaining to Hawai'i includes the following:

- Hawai'i ranked 5th least-affordable state for full-time infant care in a center. In 2011, the average annual cost for center-based infant care in Hawai'i was \$12,876, which is 43.7% of the state median income for a single mother and 14.7% of the median income for a two-parent family.
- Hawai'i was ranked in the bottom third (32 out of 50) for least-affordable child care for a 4-year-old in a center. The average was \$7,752, which is 26.3% of the state median income for a single mother and 8.9% of the median income for a two-parent family.

- Hawai'i's families pay an average of 33.7% more for child care for two children (an infant and a 4-year old) than the cost of annual rent payments.

For more comparisons and rankings, download the entire report at:

[http://www.naccrra.org/sites/default/files/default\\_site\\_pages/2012/cost\\_report\\_2012\\_final\\_081012\\_0.pdf](http://www.naccrra.org/sites/default/files/default_site_pages/2012/cost_report_2012_final_081012_0.pdf)

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